COMPOUND CATEGORIES		TRADITIONAL CATEGORIES	
COMPOUND UNLIMITED		LONGBOW	
ORANGE - MAX. 50 YARDS • Senior Men & Women • Master Men & Women • Junior Men & Women GREEN - MAX. 40 YARDS • Master60 Men & Women • Cadet Men & Women WHITE - MAX. 30 YARDS • Cub Men & Women • Pre-Cub Men & Women	COMPOUND BOW SIGHT Adjustable Lens or Pins STABILIZERS Any Length or Configuration	WHITE - MAX. 30 YARDS • Senior Men & Women	LONGBOW OR AMERICAN FLATBOW • Men 160cm, Women 150cm Length Min. • May Be Takeown - 2 Sections Only Split at Grip ARROWS • Must be Wooden • Fletching Natural Feathers ARROW REST • Shelf or Hand (No Elevated Rest) STRING • Serving and Nocking Point Only TAB OR GLOVE, ETC. • Either Simple or Split, Depending on String Position • No Anchor Plate on Tab NO STRING OR FACE WALKING (PROHIBITED)
	COMPOUND FIXED PINS	INSTINCTIVE	
ORANGE - MAX. 50 YARDS • Senior Men & Women	COMPOUND BOW SIGHT • Fixed Pins (Must not be adjusted) • No Lens STABILIZERS • Any Length or Configuration	WHITE - MAX. 30 YARDS • Master Men & Women • Junior Men & Women • Cadet Men & Women • Cub Men & Women • Pre-Cub Men & Women	RECURVE BOW OR LONGBOW Riser Natural Wood or No More Than 1/4 Resin Laminates May Be Takeown - 2 Sections Only Split at Grip ARROWS Must be Wooden Fletching Natural Feathers ARROW REST Shelf or Hand (No Elevated Rest) STRING Serving and Nocking Point Only TAB OR GLOVE, ETC. Either Simple or Split, Depending on String Position No Anchor Plate on Tab NO STRING (PROHIBITED)
HUNTER		BAREBOW	
GREEN - MAX. 40 YARDS • Senior Men & Women	COMPOUND BOW SIGHT • Fixed Pins (Must not be adjusted) • No Lens STABILIZER • One - 12" Max Length Arrows ARROWS • Screw-In Target Points DAMPENERS • Less Than 2", No Weights	WHITE - MAX. 30 YARDS • Master Men & Women • Junior Men & Women • Cadet Men & Women • Cub Men & Women • Pre-Cub Men & Women	RECURVE BOW OR LONGBOW Riser May be Metal, Resin or Wood etc. No Shoot-Thru Riser ARROWS Arrow Rest and Plunger May be Used WEIGHTS On Lower Riser Only STRING Serving and Nocking Point Only TAB OR GLOVE ANY KIND Anchor Plate Permitted No Anchor Plate on Tab STRING OR FACE WALKING IS PERMITTED
GENERAL		TRADITIONAL	
PEAK DRAW WEIGHT SHALL NOT EXCEED: • 80lbs for Men • 60lbs for Women, Junior, Cadet & Cub • 40lbs for Pre-Cub SIGHT • Max. 12" Long • Light and Level May be Ued • No Laser ARROWS • Minimum 5 Grains per Pound Draw Weight		WHITE - MAX. 30 YARDS • Master Men & Women • Junior Men & Women • Cadet Men & Women • Cub Men & Women • Pre-Cub Men & Women	RECURVE BOW OR LONGBOW (Barebow, Instinctive, Longbow) • Shot with Fingers NO SIGHT NO STABILIZER NO STRING OR FACE WALKING (PROHIBITED)
		GENERAL	
		SHOT WITH FINGERS (NO RELEASE AID) NO SIGHT NO STABILIZERS	NO DRAW CHECK INDICATOR NO KISSER, LIP OR NOSE MARK ON STRING ARROWS • All Indentical • Max. 9.3mm (9.4 points) Diameter